



## ***My Prescription Drug Essentials\****

- My drug's generic name is \_\_\_\_\_.
- My drug's trade name is \_\_\_\_\_.
- The reason I am taking this medicine is to \_\_\_\_\_.
- I will know this medicine is working because \_\_\_\_\_.
- I am to take this medicine for the following length of time: \_\_\_\_\_.
- My dose is \_\_\_\_\_.
- I am to take this medicine \_\_\_\_\_ times per \_\_\_\_\_.
- I am to take this medicine at the following times: \_\_\_\_\_.
- I am to take this medicine \_\_\_\_\_ (with/without) food.
- Within \_\_\_ hours before and after taking a dose I need to avoid the following over-the-counter products (eg. calcium, iron, multivitamins, etc): \_\_\_\_\_.
- I should not take the following over-the-counter products at any time while I am taking this medicine (eg. grapefruit juice, St. John's Wort, etc): \_\_\_\_\_.
- If I miss a dose I should \_\_\_\_\_.
- Precautions I should follow (eg. avoiding alcohol, not driving, having certain lab tests done, etc) are \_\_\_\_\_.
- The most important side-effects I should watch for are \_\_\_\_\_.
- If I experience a side-effect I should \_\_\_\_\_.
- This medicine has the following special storage instructions (eg. keep refrigerated, away from direct sunlight, etc): \_\_\_\_\_.

\* Adapted from Understanding Prescription Drugs For Canadians For Dummies  
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